May 2017

SMS-SHS





Lunch prices: Full pay \$2.25 Reduced \$.040 Adult \$3.50

Meal choices: M-sub sandwich T-pizza W- baked potato Th- BBQ sandwich

F-Meathall sub



Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.

Be active together as a family.
Physical activity should be fun and offer variety.
This institution is an equal opportunity provider.



| F-Meatball sub | | This institution is an edual obboltunity brovider. | | |
|--|---|---|---|--|
| Monday | Tuesday | Wednesday/// | Thursday | Friday |
| Teriyaki beef bites Brown rice Oriental vegetables Roll Fruit Milk | Chicken fajitas Onion & pepper Refried beans Fruit Milk | Chicken sandwich Sweet potato fries Lettuce & tomato Fruit Milk | Sloppy Joes Mini bakers Baby carrots w/ranch Fruit Milk | Cheeseburger Lettuce & tomato French fries Fruit Milk |
| Chicken tenders Mashed potatoes Green beans Roll Fruit Milk | Spaghetti Breadstick Side salad Fruit Milk | Philly cheese steak flatbrea Onion & pepper Baby carrots w/ranch Baked chips Fruit Milk | Tacos Lettuce & tomato Black bean salad Fruit Milk | Hamburger Lettuce & tomato French fries Fruit Milk |
| BBQ chicken Mashed potatoes Fried okra Roll Fruit Milk | Fish sticks Potato wedges Coleslaw Hushpuppy Fruit Milk | Hotdog French fries Baked beans Fruit Milk | Baked ziti Garlic bread Side salad Fruit Milk | Breakfast for Lunch Scrambled eggs Sausage / Tri tator Biscuit Fruit Milk |
| Country fried steak Rice & gravy Buttered carrots Fruit Milk | Corndog Tator tots Green peas Birthday treat Fruit Milk | Managers choice 24 | Half day No lunch served | Half day No lunch served |
| 29 | 30 50 | 31 | Happy Birthday May, June and July Babies!! | |